



The 2017 UCRH Training Application Form

The first 8 months of 2017 UCRH training program features:

- Dennis Tirch ACT/Compassion workshops in Brisbane (April 20-21) and Byron (April 26-28)
- James Bennett-Levy & Tina Gibson – Mindful Self-Compassion 5 Day Intensive (June 5-9)

In November, we have Paul Gilbert workshops in Melbourne, Byron and Brisbane – the complete set of his three 3 day trainings over the space of 3 weeks. A unique occurrence in the history of CFT Training!

As a bonus we are offering a \$100 discount for one Paul Gilbert workshop for anybody who registers for any of the April to August (Tirch/Bennett-Levy) workshops.

Overleaf you will find the application form for the workshops and online programs. Please complete this and scan to cbt.training@ucr.edu.au, or fax or send by mail to UCRH fax or mailing address as below.

The 2017 UCRH Training Application Form

Title: _____ Surname: _____ First Name: _____

Mailing Address: _____

City: _____ State: _____ Post Code: _____

Position: _____ Employer: _____

Phone: (____) _____ Fax: (____) _____ Mobile: _____

Email address in **CAPITALS**, very legibly please on next line : _____

[e.g. CBT.TRAINING@UCRH.EDU.AU]

If you are a therapist/counselor, please give details of your previous counselling or therapy experience

Years as a qualified mental health professional _____ What profession? _____

Are you registered with a professional body? Yes No If so, which one? _____

If not a mental health professional, what background? _____

If you are a therapist/counsellor, what is your main therapeutic approach? _____

How long have you been practicing? _____

Do you work in: 1 Capital City (e.g. Melbourne, Sydney, Brisbane)

2 Major Regional City (e.g. Newcastle, Townsville, Geelong, Wollongong)

3 Regional or rural location/town (e.g. Lismore, Nambour, Broome, Port Fairy)

4 Remote location (e.g. many locations in NT)

5 Overseas (where?):

Those registering for *Experiencing Compassion-Focused ACT from the Inside Out* (Dennis Tirch) are expected to have knowledge and skills in ACT prior to the workshop (NB it is not a basic ACT skills-training workshop). Do you use or have you used ACT in your practice? Yes No

Those registering for *Experiencing Compassion-Focused CBT from the Inside Out* (James Bennett-Levy) are expected to have knowledge and skills in CBT prior to the workshop (NB it is not a basic CBT skills-training workshop). Do you use or have you used CBT in your practice? Yes No

Registration Fees (All prices are inclusive of GST)

Dennis Tirsch

**Buddhist Psychology, Compassion Focused Therapy & ACT:
The core elements (April 20-21)**

Brisbane Early Bird before February 1 ☑ \$590

Full price ☑ \$650



**Experiencing Compassion Focused ACT from the Inside Out: An Integrative Workshop for
Therapists (April 26-28)**

Byron Bay Early Bird before February 1 ☑ \$795

Full price ☑ \$850

James Bennett-Levy & Tina Gibson

Mindful Self-Compassion Skills: A 5 Day Self-Experiential Training (June 5-9)

Byron Bay Early Bird before April 1 ☑ \$820

Full price ☑ \$900

*James Bennett-Levy & Judy Rankin: Experiencing Compassion-focused CBT from the Inside
Out: Harnessing contemporary therapy skills and new ways of being (Aug 16-18)
Apologies – we have had to postpone this to 2018 due to unforeseen new commitments*

**Paul Gilbert Workshops - Register your interest now by subscribing to
Newsletter on the cbttraining.com.au website. You will be the first to know
when registrations become available**

Introduction to Compassion Focused Therapy: A 3 Day Workshop (November 15-17)

Melbourne Online registrations from March 15.

**Experiencing Compassionate Mind Training from the inside out: A Personal Practice
workshop (November 20-22, with James Bennett-Levy)**

Byron Bay - Online registrations from March 15

**Compassion Focused Therapy: Advanced Clinical Skills (November 29-Dec 1, with James
Bennett-Levy & James Kirby)**

Brisbane Online registrations from March 15

Online CBT Training

OCTC Online CBT skills *

Research Price \$550

- Before registering for OCTC online, please follow [cbtraining website instructions](http://www.cbtraining.com.au) <http://www.cbtraining.com.au/index.php?page=octc-online-training> and go to the demonstration videos on OCTC online to ensure you have sufficient bandwidth to view the videos.

Workshop Total \$s _____

Please enter Promotional Code (if applicable): _____

Referral Discounts: (see recent newsletter on [cbtraining.com.au](http://www.cbtraining.com.au) website)

Colleagues/friends I'm referring: _____

Referred by: If you've been referred to the Workshop, who by? _____

Discount for Referrers and those referred: deduct \$50 from above price. NB Discount only applies if your colleague/friends register *within a week of your registration*.

TOTAL PRICE (including deduction for special prices): \$ _____ (including GST)

TAX INVOICE

**CBT Training, University Centre for Rural Health
PO Box 3074, Lismore NSW 2480**

ABN 15211513464

I enclose a cheque for AUD\$ _____ made payable to:

University Centre for Rural Health

Or

for credit card payments: post (as above) or FAX to
CBT training: Fax: +61 2 6678 0896



Please debit my credit card:

MasterCard Visa

Name on card: _____

Card No: ____/____/____/____

Expiry Date ____ / ____ **AMOUNT BEING PAID: \$ _____** (GST inclusive)

Cardholder's Signature _____

Payment for: _____

(Please indicate above the course/s you will be attending.)

TERMS AND CONDITIONS OF REGISTRATION

CONFIRMATION OF REGISTRATION only occurs when payment is processed after eligibility has been confirmed. (We will confirm your registration by email).

CANCELLATIONS: Registration can be cancelled with a full refund less a \$50 cancellation fee up to 4 weeks before the workshop commences. Thereafter no more than half of fees can be reimbursed (until the day before the workshop) unless we are able to find a new participant to replace you. Unfortunately **no** refunds are payable if you are unable to attend on the day due to illness or other personal circumstances.

REGISTRATION TRANSFER: Registration IN FULL may be transferred to another person subject to eligibility being applied for and approved no less than a week before the workshop and with a \$50 administration fee. However, unused parts of training registration CANNOT be transferred to another person and multi-day registrations cannot be shared.

I am aware that the fees do not include lunch or accommodation.

Incomplete application forms cannot be processed and may need to be returned. Please check your form before sending.

- I HAVE READ the TERMS AND CONDITIONS OF REGISTRATION and understand and accept these. (please tick)*

Signature _____ Date _____